



Millennium Oncology

Millennium PET/CT Center
Red Oak Location
17323 Red Oak Drive Houston, TX 77090
281-440-5006

Dear Patient:

Your doctor has scheduled you for a PET/CT Scan at our center. Please review the following instructions in order to prepare for your testing. If you have any questions please feel free to contact the center at 281-440-5006.

- You must be fasting for at least 6 hours prior to your appointment. Do not eat 6 hours prior to your exam.
- You can have as much water as you would like, but WATER ONLY.
- If you are a DIABETIC DO NOT take your Diabetic Medication, the DAY of your exam.
- NO exercise the day before or the day of your PET exam, do not over exert your muscles.
- Eat a HIGH PROTEIN, LOW CARBOHYDRATE diet the day before your PET, (A HIGH PROTEIN diet consists of MEATS and VEGETABLE, which avoids excessive sugars and fruit).
- Please arrive 20 to 30 minutes prior to your exam.
- The test will take approximately 2 hours.
- If you are unable to keep your scheduled appointment for your testing, please notify the center as soon as possible. This test requires specialized medications specific to each patient and specially ordered for you and failure to cancel your appointment at least 24 hours prior to your test may result in you being charged for the medication.